



MAIN POOL PROGRAMME Monday 4th June -Sunday 22nd July 2018

	7.00	7.30	8.00	8.30	9.00	9.30	10.00	10.30	11.00	11.30	12.00	12.30	13.00	13.30	14.00	14.30	15.00	15.30	16.00	16.30	17.00	17.30	18.00	18.30	19.00	19.30	20.00	20.30	21.00	21.30
MONDAY	Early Birds Public Swimming (inc Lanes)	Public Swimming	Public Swimming		50+ Swim		Aqua Fit Class		Ladies Only		Lane Swimming				Private School		Your Swim School Swim Lessons		Lane Swimming		Public Swimming		Aqua Fit Deep		Adult Only Swim					
		Lane Swimming	Lane Swimming		Public Swimming		Public Swimming		Public Swimming		Public Swimming				Public Swimming		Public Swimming		Public Swimming		Public Swimming		Public Swimming		Public Swimming					
TUESDAY	Early Birds Public Swimming (inc Lanes)	Public Swimming	Public Swimming		School Swimming		Public Swimming		Public Swimming		School Swimming				Your Swim School Swim Lessons		Public Swimming		Stocksbridge Pentaqua											
		Lane Swimming	Lane Swimming		Public Swimming		Lane Swimming		Public Swimming				Public Swimming		Lane Swimming		Public Swimming		Lane Swimming											
WEDNESDAY	Early Birds Public Swimming (inc Lanes)	Public Swimming	Public Swimming		Ladies Only		Adult Only Swim Session		School Swimming				Your Swim School Swim Lessons		Public Swimming		Stocksbridge Pentaqua													
		Lane Swimming	Lane Swimming		Public Swimming		Public Swimming		Public Swimming				Public Swimming		Lane Swimming		Public Swimming													
THURSDAY	Early Birds Public Swimming (inc Lanes)	Public Swimming	Public Swimming		Adult Only Swim Session		Public Swim		Public Swim				Your Swim School Swim Lessons		Public Swimming		Adult Only													
		Lane Swimming	Lane Swimming		Public Swim		Lane Swimming				Public Swimming		Lane Swimming		Triathlon Training		Public Swim													
FRIDAY	Early Birds Public Swimming (inc Lanes)	Public Swimming	Public Swimming		50+ Swim		Adult Swim Lesson		Aqua Deep 13.15		Public Swim		Dolphins School		Public Swim		Stocksbridge Pentaqua		Chapelton Sub Aqua											
		Lane Swimming	Lane Swimming		Public Swimming		Public Swimming		Public Swimming		Public Swimming		Public Swimming		Public Swimming		Public Swimming		Public Swimming											
SATURDAY	Early Birds Public Swimming	Your Swim School Swimming Lessons		Public Swimming		Fun Session 12.40 - 13.55		Available for Private Hire		Development Squad Pentaqua		CLOSED																		
		Public Swimming		Public Swimming		Public Swimming		Public Swimming		Public Swimming		Public Swimming																		
SUNDAY	CLOSED	Public Swimming inc limited lane swimming (2 lanes for private hire 10.00 - 12 noon)		Dolphins School		CLOSED		CLOSED		CLOSED																				

Pre book 'Your Swim' School swimming lessons by phoning us on ☎0114 2883792

Pre book Private Hire / Parties by phoning us on ☎0114 2883792 or email on group.bookings@stocksbridgeclc.co.uk

A full instructor led Aquatics Programme will be introduced subject to demand. We welcome ALL feedback on what you want to see offered.