

Pre-Travel Risk Assessment

Do not hand in without booking an appointment whether you think you need an appointment or not. We do not offer travel consultations over the Phone

Appointment Date:	Appointment Time:		Practice Nurse:			
Please provide as much information as possible and allow a minimum of 6 weeks prior to travel to complete your recommended vaccinations.						
Some destinations may require longer to provide full cover						
YOUR DETAILS						
First Names:						
Surname:						
Date of Birth:						
Current Address:						
		Postcode:				
Home Telephone:		Mobile:				
Email Address:						

HAVE YOU TAKEN OUT TRAVEL INSURANCE? YES NO (please circle)

Please complete a separate form for each member of travel party.

Country and areas in country visiting. Please list all destinations.	Type of Accomodation (eg. hotel, hostel etc)	Purpose of Trip (eg. Leisure, Business, visiting Friends/relatives	Date of Departure	Total Length of trip	Special risks (e.g. working in local communities, working with animals, jungle trekking etc.)

Valley Medical Centre

MEDICAL INFORMATION

NAME						
Do you have any medical problems that we may not be aware of in your medical notes?						
Are you allergic to or have you reacted badly to medicines, antibiotics, eggs or previous vaccines?						
Is there any possibility of you being pregnant now or of you trying for a pregnancy within 6 months of the end of your trip?						
Have you had any recent immunosuppressant treatment (chemotherapy, oral steroids, radiation) or do you suffer from a condition that may suppress your immune system (Lymphoma, Leukaemia, Hodgkin's Disease, HIV)?						
For further travel advice and information of vaccines, please visit the NHS Choices website www.nhs.uk/conditions/Travel-health/Pages/introduction.aspx						
RECOMMENDATIONS / any other information						
if you have been told you need certain vaccines please include details below.						
Recommended by:						
Signature:	Date:					

Please detach and take this information with you

Please be aware that travel health is YOUR responsibility and we recommend you research the risks that may be present in the Country or Countries you have chosen to visit – and what vaccines you are likely to need.

We require a minimum of **6 WEEKS** notice in order to provide a full service and to complete courses of some vaccinations. If you are travelling at short notice we may not be able to provide an appointment, in this case please contact a private clinic – see below for details.

At this surgery we offer the following travel vaccinations that are funded by the NHS, they are therefore free of charge to you:

- Diphtheria/Tetanus/Polio (Combined in one injection)
- Hepatitis A
- Typhoid
- Cholera (dependant on risk you may have to pay a prescription charge)

Hepatitis B vaccines are available (dependant on risk and for a charge – please enquire re: cost)

However be aware some vaccines such as – <u>Yellow Fever, Rabies, Meningitis ACWY, Japanese Encephalitis and Tick Borne Encephalitis</u> are not available on the NHS. For these you will need to make your own arrangements with a Travel Clinic.

As a guide, the following offer travel vaccinations and it can be worthwhile 'shopping around' to find the best prices. Alternatively other clinics may be found with an internet search.

Sheffield Travel Health Clinic (Weds only) – Royal Hallamshire Hospital (adults only) – 0114 2712608 TravelDoc – Rockingham Street – 0114 3583930 Tesco (online and in some stores) Wicker Pharmacy Superdrug (online/Crystal Peaks) Boots the Chemist (online and in some stores) Lloyds Chemist (online and in some stores)

Useful websites:

- Fit for Travel: www.fitfortravel.nhs.uk
- NaTHNaC National Travel Health Network and Centre: http://travelhealthpro.org.uk
- FCO Foreign & Commonwealth Office for advice on safety and security, and specific pages for types of travellers, e.g. gap year, responsible tourism: www.gov.uk/government/organisations/foreigncommonwealth-office